



## Disclaimer of Liability

Keith Stickel is not a physician or psychologist, and the scope of his consultation services does not include treatment or diagnosis of specific illnesses or disorders. If you, the client, suspect you may have an ailment or illness that may require medical attention, then you are encouraged to consult with a licensed physician without delay. Only a licensed physician can prescribe drugs. Any mention of drugs in the course of consultation is only for the purpose of providing a complete history of drugs that the client is taking and not for Keith Stickel to judge the appropriateness of the medication. Any change in prescription or dosage is a decision the client makes with his or her physician.

Rather than dealing with treatment of disease, Keith Stickel focuses on wellness and prevention of illness through the use of non-toxic, natural nutritional therapies to achieve optimal health. As a trained nutritionist and exercise specialist, Keith Stickel primarily educates and motivates clients to assume more personal responsibility for their health by adopting a healthy attitude, lifestyle, and diet. He provides suggestions for healthy eating and supplementation and all advice can be implemented at your own discretion.

While people generally experience greater health and wellness as a result of embracing a healthier attitude, lifestyle, and diet, Keith Stickel does not promise or guarantee results or protection from future illness.

By signing below, you acknowledge that you understand that Keith Stickel is a health consultant and not a physician, and that you should see a doctor if you think you have a medical condition. Keith Stickel will not be held liable for failure to diagnose or treat an illness, nor will he be liable for failure to prevent future illness.

Additionally, you promise to give Keith Stickel a complete and accurate account of any medical conditions that you may have and any medications that you are taking, as well as known food allergies and intolerances.

Client's Signature \_\_\_\_\_ Date \_\_\_\_\_